

## Vibration Percussion Therapy

A very important connective tissue for joint and muscle health is a tissue called *fascia*.

A [study published in 2011](#):

### **Dynamic fascial release and the role of mechanical/ vibrational assist devices in manual therapies**

called fascia "*an integral part of...muscle movement*":

(Huijing, 2007). However fascia has more recently been described as an integral part of the self-regulatory coordination of muscle movement (van der Wal, 2009). Spindles

so muscle pain is usually accompanied by fascia problems. If you don't fix the fascia, muscles and joints are very slow to heal.

### What is Vibracussor Percussion Therapy?

The Vibracussor delivers impulses deep into the tissues of the body, helping break up fascial restrictions (scar tissue) while also improving circulation and healing:



You can also [click here see a good introductory video](#) on the Vibracussor.

Dr. Arnold uses the VibraCussor in conjunction with [the Graston Technique](#) to maximize both treatment quality and expedite healing.

**Call (631-352-7654) or email ([PitchingDoc@msn.com](mailto:PitchingDoc@msn.com)) Dr. Arnold to make an appt for Vibracussor treatment today!**