

# A Lesson From Tim Tebow On Failure

March 23, 2017

In my last newsletter [we learned from Thor on the value of learning the changeup.](#)

This week Tim Tebow teaches us about failure.

Tim Tebow has grabbed the spotlight during Mets Spring Training. While [he has received a fair amount of criticism for being at Spring Training](#) (myself included), he has gained a lot of respect from his teammates for his work ethic.

A quote from a [March 20th NY Daily News article](#):

## Mets say Tim Tebow will be assigned to Columbia Fireflies

BY KRISTIE ACKERT

NEW YORK DAILY NEWS Updated: Monday, March 20, 2017, 10:44 PM

speaks to his character. When asked about how he will handle the higher level of play in his new assignment, his attitude is perfect:

*"I am not worrying about the level of competition and worrying about failing at it  
This is a game you have to be prepared to fail.  
If you fail 70% of the time, you are one of the best players in the game. You have to handle that mentally.  
So it's not like you go into something afraid of it.  
You go into it respecting it, but also working and excited by it."*

You CANNOT be afraid to fail!

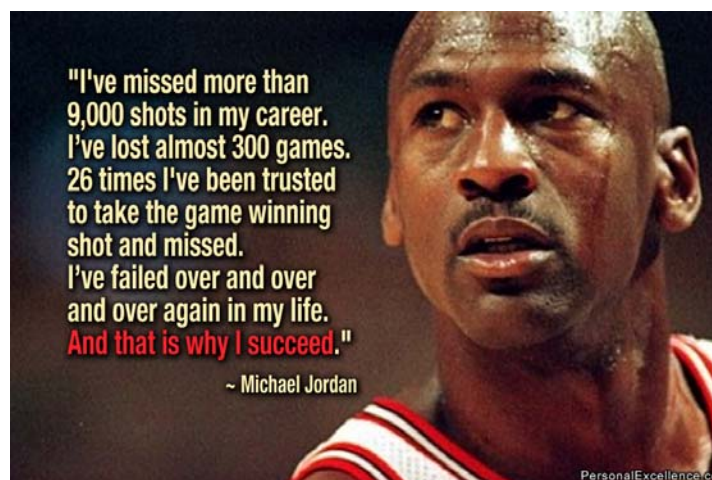
Fear of failure is the biggest roadblock to success in ANYTHING,  
not just baseball.

In my video library is a presentation that discusses mindset and the value of having a "growth mindset" as it teaches you to learn from your failures, not to fear them. You can subscribe to my video library [by clicking here](#).

Part of a "growth mindset" is how learning from failure is a process, not a end result. Tebow talks about the value of the process in a [November 4, 2016 article](#):

*"Baseball is all about the process.  
I think more than football and other sports, baseball is a daily process of learning and practicing  
and then doing it all over the next day.  
I love that about baseball."*

Don't be afraid to failure. It is failure that leads to success:



Have A Question About This Newsletter?  
Contact ([PitchingDoc@msn.com](mailto:PitchingDoc@msn.com) / 631-352-7654) Dr. Arnold!